



INVITATION to
Swedish Ski-O Tour

December 14th-18th 2011

including
**National ski-o camp for youth
and
World Ranking Events**

ORGANISER

Ski-O Tour Club and Idre Fjäll

PROGRAMME

Dec 14th Middle distance (evening race in the dark) (1)
Dec 15-16th National camp for youth / "Riksläger"
Dec 16th Sprint relay (evening race in the dark)
Dec 17th Middle distance mass start (only M/W18-21E, WRE) (2)
Dec 17th Sprint (WRE) (3)
Dec 18th Long distance (WRE) (4)

SCORING SYSTEM

In classes M/W10-16, races total results will be determined by adding results for races 1, 3 and 4. In classes M/W18-21 the four best results of the races 1, 2, 3, 2+3 and 4 will added. A special point scoring system will be used: Place 1 40 points (p), place 2 35 p, place 3 33 p, place 4 31 p, place 5 30 p, place 6 29 p and so on.

EVENT CENTER

Idre Fjäll is located app. 150 km northwest of Mora. Idre Fjäll can be reached from Stockholm by train or flight to Mora and further with bus. Distance from Stockholm to Mora is app. 310 km. National camp and competition center Dec 14th will be at Idre Fjäll's ski stadium. Competition center Dec 17th, 18th and 19th will be app. 2 km east of Idre Fjäll's main buildings.

CAMP

National camp will include 5 practises for ski-o and 1 practise for skiing.

CLASSES

Dec 14 and 17-18: M/W21E, M/W20E, M/W18E, M/W75, M/W70, M/W65, M/W60, M/W55, M/W50, M/W45, M/W40, M/W35, M/W17, M/W16, M/W14, M/W12, M/W10

Dec 16: M/W17, M/W14 (4 legs, 2 team members)

Open classes will be offered at each individual competition.

ENTRY

Entry to competitions shall be done at **Eventor** or sent to Ski-O Tour Club, Strandbaden 38, SE-590 31 Borensberg, SWEDEN, fax +46 (0)141 410 20 or e-mail info@swedishski-otour.com by Dec 4th at the latest.

Note! Number of Your own eCard shall be notified together with the entry.

Note! Entry for relay shall only include number of team in each class.

Entry to camp shall be sent to Ski-O Tour Club, Strandbaden 38, SE-590 31 Borensberg, SWEDEN, fax +46 (0)141 410 20 or e-mail info@swedishski-otour.com by Dec 4th at the latest.

Note! For entry to camp, size of t-shirt shall be notified together with the entry.

A list of all entries received will be published on the website:
www.swedishski-otour.com

LATE ENTRY

Can be done Dec 13th and Dec 15th at 18.00-20.00 hour at telephone +46 (0)76 776 27 88. Fee 150%.

ENTRY FEES

Camp	280 SEK
WRE (Dec 18 th -19 th)	270 SEK
M/W18-21	190 SEK
M/W17-	140 SEK
M/W-16	80 SEK
M/W17 relay	430 SEK
M/W14 relay	210 SEK
EMIT rent	30 SEK



Entry fees shall be paid by Dec 3rd 2011 at the latest to:

Account name Ski-O Tour Club
Bank name Nordea
Bank address SE-105 71 Stockholm, SWEDEN
Account no 105 55 43-1
SWIFT code NDEASESS
IBAN no SE71 9500 0099 6042 1055 5431

Note! Invoice of entry fees will be sent afterwards to Swedish clubs only.

START

Near the competition center. Individual races starts as following:
Wednesday Dec 14th from 19.00
Saturday Dec 17th mass start M/W18-21 from 09.30, sprint from 11.00 and sprint M/W18-21 from 14.00
Sunday Dec 18th from 09.30
Mass-start Friday Dec 16th from 19.00

PUNCHING AND TIME KEEPING SYSTEM

EMIT touch system will used in all competitions. Then only eCards provided by the organiser can be used. The eCards will be delivered at the competition office on arrival. Rent eCards 30 SEK.

For time keeping, EMIT system with transponder will be used in all competitions.

MAPS

Ski-O map in laser print, surveyed autumn 2009, scale short and middle distance 1:10 000, scale sprint 1:5000, contour interval 5 m.

STARTING LISTS

Starting lists will be announced on the website www.swedishski-otour.com from Tuesday Dec 13th. Startinglist in classes M/W18-21 in the sprint will be the opposite of the results of the middle distance. **Start interval in sprint for M/W18-21 will be 30 seconds.**

PRIZES

Prizes for individual races will only be given for the total score in classes M/W18-21 and M/W10-16. See also scoring system above.

ACCOMMODATION

At Idre Fjäll, special offer for this event and period of the season on the website www.idrefjall.se, tel +46 (0)253 412 00, fax +46 (0)253 401 58 or e-mail konferens@idrefjall.se.

Please, use special form at our website www.swedishski-otour.com / link ACCOMMODATION

OFFICIALS AND FURTHER INFORMATION

Event director Stefan Frick, tel +46 (0)76 776 27 88
Ass. Event director Claes Söderhjelm
Course setter Torgny Pettersson and Thomas Persson
EA (Event adviser) Urs Bütikofer, Ljusdal

Telephone +46 (0)76 776 27 88

Fax +46 (0)141 410 20 (until Dec 9th)
+46 (0)253 411 99 (from Dec 10th)

E-mail info@swedishski-otour.com

Internet www.swedishski-otour.com

Welcome!